ASSESSMENT WORKSHEET

WHAT'S BLOCKING YOUR MONEY FLOW?

Uncover the Hidden Belief That's Been Running Your Money Life



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Creator of
Your Year of Miracles



Welcome!

You've taken the first brave step toward understanding why money has felt like such a struggle. This assessment will help you identify your #1 Money Belief Saboteur (Money B.S.)—the hidden belief that's been quietly running your financial life behind the scenes.

How to Use This Assessment:

1. Watch the training video first if you haven't already
2. Read each belief slowly—don't rush through this process
3. Notice your body's reaction—tightness, familiarity, or emotional charge
4. Circle or highlight the beliefs that feel most true or create the strongest reaction
5. Choose your #1 Money Belief Saboteur—the one that feels most familiar and charged
6. Complete the reflection questions on the final page

Remember: You're not looking for what's "wrong" with you. You're uncovering what's been hidden so you can finally set yourself free.

THE MONEY BELIEF SABOTEURS
ASSESSMENT

Which of These Hidden Money Belief Saboteurs Have Been Running Your Money Life?

Read through each belief below. Mark the ones that feel most true, familiar, or create an emotional reaction:

☐ Money doesn't grow on trees

Example: You feel guilty spending money on anything that isn't absolutely necessary

☐ I don't deserve to be wealthy

Example: You play small or sabotage financial opportunities, believing wealth is for others, not for you.

☐ I shouldn't be wealthier than my parents

Example: You unconsciously limit your success to stay at your family's financial level.

☐ I need to struggle to make money

Example: You get by with just enough money, but only through overworking to exhaustion.

☐ It's selfish to want money

Example: You feel guilty about having financial desires and apologize for wanting more.

☐ Money shouldn't come easily

*Example: You distrust "easy money" and believe you must work extremely hard for every dollar.

☐ Rich people are greedy

Example: You judge wealthy people and don't want to be seen as greedy yourself.

☐ Money isn't spiritual

Example: You believe money & spirituality don't mix, that wanting money is "unenlightened."

☐ Money is hard to keep

Example: You fear making a lot of money and then losing it, so you spend it first.

☐ My prosperity takes away from others

Example: You feel guilty about success and believe having money means taking it away from someone else.

☐ You can't trust wealthy people

Example: You're suspicious of financial success and those who have achieved it.

☐ Money isn't important

Example: You ignore money or pretend to not care about it, but you secretly worry about your finances.

☐ It's wrong to want more money

Example: You feel ashamed to have financial ambitions and try to be content with less.

☐ I'm just not lucky

Example: You believe financial success is about luck and you don't have any.

☐ I'm not worthy of money

Example: Deep down, you don't feel deserving of financial abundance.

☐ I'm just not good with money

Example: You avoid financial decisions and defer to others because you don't trust yourself.

REFLECTION & DISCOVERY

YourMoney BeliefSaboteur (Money B.S.) Discovery

My #1 Money Belief Saboteur is:

_____

(Choose the belief that felt most charged, familiar, or true for you)

Reflection Questions:

1. How has this belief shown up in your money life?
   Think about specific examples—earning patterns, spending decisions, financial behaviors.

_____

_____

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2. When do you first remember learning or feeling this way about money?
Was it something you heard growing up? A family pattern? A significant experience?

3. What patterns can you now see that you couldn't see before?
How has this hidden belief been creating stress or challenge in your finances?

WHAT THIS MEANS & NEXT STEPS

You've Just Taken the Most Important Step

Congratulations! By identifying your #1Money Belief Saboteur, you've justshined light on something that's been operating in the shadows of your financial life. This awareness alone is incredibly powerful.

What This Discovery Means:

- ✔You're not "bad with money"—you've been operating with hidden programming
- ✔Your money struggles make sense—there's a reason behind the patterns
- ✔You're not alone—thousands of people share these same hidden beliefs
- ✔Most importantly: beliefs can be changed

The Real Transformation Begins Now

Identifying your Money B.S. is just the beginning. The real magic happens when you learn how to heal these beliefs at the energetic level and replace them with empowering new patterns that actually serve your financial success.

Ready for Your Money Breakthrough?

In our Month of Money Miracles program, we don't just identify your Money Belief Saboteurs—we take you through a complete process to:

- ✔ Clear these limiting beliefs energetically
- ✔ Install new, supportive money beliefs
- ✔ Heal your relationship with money at the deepest level
- ✔ Create lasting financial flow and freedom

Join Month of Money Miracles for just $97 (regularly $497)

This live program starts soon and includes everything you need to transform your relationship with money in just 30 days.

Yes, I'm Ready for My Money Breakthrough